

PHYSALIS



- Physalis an edible fruit about the size of a cherry. It grows inside a papery husk that completely encloses the fruit, and is also known as 'Cape Gooseberry'.
- It is an annual plant, and grows well in our climate, on a sunny patio, and can be grown in a large pot, easily reaching a metre tall and nearly as wide.
- The fruit has the texture of a tomato, and the taste is similar to pineapple with a hint of citrus, becoming sweeter as it ripens. They can be eaten straight from the plant, or used as a pretty decoration on desserts. If you have enough, they even make a fantastic jam.

