

## LEMON VERBENA



Lemon Verbena is a highly aromatic plant that likes a well-drained soil in full sunlight. It is perennial, but will need frost protection. It will grow into a tall bushy plant, and is best encouraged to bush out by pinching out the tips. The intense lemon scent and flavour make it a highly prized ingredient in the kitchen.

## VIETNAMESE CORIANDER



Vietnamese Coriander is a tender perennial, growing to around 45cm tall and wide, with a trailing habit. It likes well drained soil in full sun. The leaves are used in a lot of Vietnamese and Asian recipes. If you have trouble with normal coriander bolting, this will be much easier to grow as it loves warmer conditions. It can be over-wintered as a house plant.

## BAY



Bay is a beautiful plant and deserves its place in any garden just for ornamental value alone, but it also adds flavour to cooking, especially in soups and stews. It is a slow-growing plant, and the prunings can be dried and stored for later use. It is evergreen, and likes full sun, and can be pot-grown or planted in the ground.

## ALEXANDERS



Alexanders is also known as 'horse parsley' and grows up to 1.5m tall, with all parts of the plant being edible. It can be confused with cow parsley but is larger and has thicker stems. You can candy the stems, fry the flower heads in tempura batter, or even roast the roots. It is frost tender, and grows well in coastal areas in particular. It likes a moist, well-drained soil in a sunny or part-shaded position.