

# BRUSSEL SPROUTS



- Brussel Sprouts are a hardy vegetable that will stand well into the cool winter months when there is little else to pick.
- They are traditional varieties that produces long stems loaded with sprouts.
- As sprouts lasts well into winter, it is wise to protect the plants with netting to deter the marauding pigeons who will easily strip plants when there is little else for them to eat.
- They can also be prone to white fly so it may be advisable to use a very fine-holed net. 'Enviromesh' is widely available and protects from all insects and birds, provided that you ensure the bottom edges are very well secured.